

Assessment

Successful Lifelong Learning

Revised Edition of *The Adult Learner*

The objectives of this book are:

- To demonstrate why continual learning is a vital part of modern life
- To help readers understand and capitalize on their unique learning style
- To explain techniques for improving listening, concentration, memory, and reading comprehension
- To illustrate the role that technology, habits, and experience can play in successful learning
- To present information about various lifelong learning options and to encourage readers to begin planning for their own learning in a proactive, purposeful way



Assessment Questions for Successful Lifelong Learning, Revised Edition of *The Adult Learner*

Select the best response.

1. You should feel most secure in your professional position if you:
 - A. Have seniority
 - B. Are highly skilled
 - C. Have shown loyalty to your organization
 - D. Can demonstrate an ability to learn new skills
 - E. All of the above
2. As a result of childhood schooling, most adults in a classroom situation will:
 - A. Wait silently for instructions
 - B. Ask excited questions
 - C. Fear looking stupid
 - D. All of the above
 - E. A and C
3. You should do a quick survey of a textbook before you begin to study it.
 - A. True
 - B. False
4. Children ask fewer questions in class than adults ask.
 - A. True
 - B. False
5. Someone who excels in shop, physical education, and art in school is probably primarily a kinesthetic learner.
 - A. True
 - B. False

6. The brain learns best through:
 - A. Visual aids
 - B. Asking questions
 - C. Practice
 - D. Teaching someone else what you have learned
 - E. All of the above
7. Analytical skills are located in the left hemisphere of the brain.
 - A. True
 - B. False
8. Studying in new places, talking to new people, and playing different music:
 - A. Will break your routines and help you think more openly
 - B. Will enhance your ability to think creatively
 - C. Both of the above
9. You will be a more successful learner if you:
 - A. Adapt a very logical and sequential thinking style
 - B. Develop a creative and open thinking style
 - C. Learn to use the thinking style which is most appropriate for each situation
10. Verbal thought processes are located in the left hemisphere of the brain.
 - A. True
 - B. False
11. Which of the following tools will help you think more logically and sequentially?
 - A. Brainstorming
 - B. Outlining
 - C. Making lists
 - D. A and C
 - E. B and C

12. Which of the following activities will help you make learning a priority?
- A. Writing down some learning goals
 - B. Spending time each day just thinking about what you want to accomplish
 - C. Making a “to do” list of specific learning activities
 - D. All of the above
 - E. None of the above
13. To improve your learning environment, you should do all but one of the following. Which one?
- A. Use the time of day when you are most alert
 - B. Complete all other tasks first
 - C. Have some background sound if you like
 - D. Have an uncluttered work space
 - E. Be comfortable
14. Effective techniques for overcoming personal distracters include:
- A. Sitting toward the back of the room
 - B. Focusing on your own concerns
 - C. Asking questions when you don’t understand
 - D. Relying on the lecture rather than completing the reading assignments
15. When taking notes, you should do all but one of the following. Which one?
- A. Don’t worry about spelling or correct English
 - B. Leave white space between topics
 - C. Leave a column on the left for future additions
 - D. Wait several days before reviewing notes
 - E. Write legibly
16. A disadvantage of computer based training instruction (CBT) is that the:
- A. Student has access to huge pools of information
 - B. CBT is paced to the learner’s speed and ability
 - C. CBT is an endlessly patient teacher
 - D. CBT is normally used by individuals in isolation

17. Which of the following will not help you improve your concentration?
- A. Eliminating distractions
 - B. Getting adequate rest, a good diet, and enough exercise
 - C. Waiting until you're in the mood to concentrate
 - D. Forcing yourself to concentrate
 - E. Taking short breaks
18. It is well known that the more we use memory, the easier it is to recall information.
- A. True
 - B. False
19. The phrase "i before e except after c" is a mnemonic device.
- A. True
 - B. False
20. Over 70% of anything you learn can be lost within 24 hours if it is not reviewed during those 24 hours.
- A. True
 - B. False
21. Loss of memory is inevitable when you grow older.
- A. True
 - B. False
22. Whatever adults lose in speed of recall as they age is generally made up for in knowledge.
- A. True
 - B. False
23. Opportunities to learn at work are shrinking.
- A. True
 - B. False

24. Taking advantage of learning opportunities is beneficial to you, but not good for your employer.
- A. True
 - B. False
25. Correspondence courses are available for any level from elementary school through graduate school.
- A. True
 - B. False

Answer Key for***Successful Lifelong Learning, Revised Edition of The Adult Learner******Recommended response (Corresponding workbook page)***

1. D (4)	6. E (28)	11. E (32)	16. D (83)	21. B (65)
2. E (14)	7. A (29)	12. D (11)	17. C (74)	22. A (65)
3. A (16)	8. C (33)	13. B (94, 95)	18. A (46)	23. B (101)
4. B (14)	9. C (29)	14. C (49, 50)	19. A (59)	24. B (101)
5. A (24)	10. A (29)	15. D (57)	20. A (62)	25. A (106)